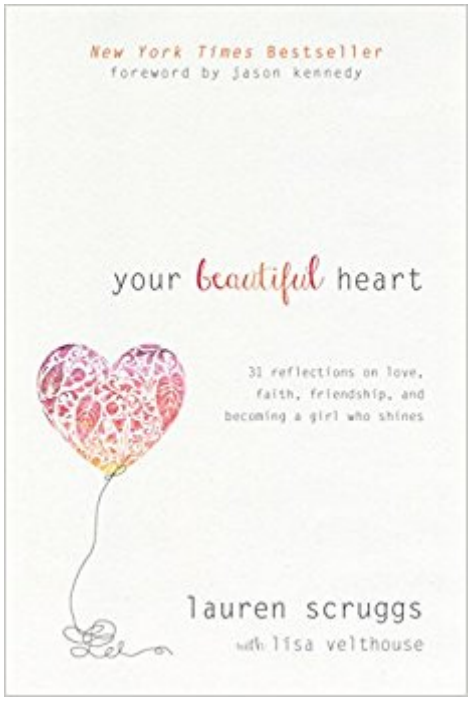
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# Your Beautiful Heart: 31 Reflections On Love, Faith, Friendship, And Becoming A Girl Who Shines




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## Synopsis

Ã¢â ¬Å“Beauty is on the inside.Ã¢â ¬Â• We know itÃ¢â ¬â„¢s true . . . yet sometimes it seems tough to fully believe it. What would your world be like if you truly felt beautiful and lived every day full of that confidence and joy?Fashion journalist Lauren Scruggs knows how it feels to search for beauty. She grew up knowing of GodÃ¢â ¬â„¢s love, but never fully understood what that love meant, or how it extended to the deepest parts of her soulÃ¢â ¬â ¢until a horrible accident that resulted in the loss of both her left eye and hand. In her darkest hours, everything Lauren believed was tested. Yet it was there that God showed her where real beauty comes from: the unfailing love of the Creator. GodÃ¢â ¬â„¢s love is what truly makes us lovely.Using stories from LaurenÃ¢â ¬â„¢s accident, recovery, and experiences in the fashion world, Your Beautiful Heart explores issues that teen girls face every day: body image, self-worth, peer pressure, and much more. Whether you read the book on your own or with a group of friends, LaurenÃ¢â ¬â„¢s personal message of love, faith, and value will show you what it means to be a girl who radiates with true beauty.

## Book Information

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## Customer Reviews

"[A] great tool for youth leaders who want their students to experience what real beauty is." ---Laurie Polich Short, author of Finding Faith in the Dark --This text refers to the Audio CD edition.

With grace, authenticity, and depth, Lauren shares her life in Your Beautiful Heart. She is a powerful voice in our culture, confidently leading young women down a path of true beauty and identity that is

grounded in our identity in Christ. God is using Lauren in a powerful, culture-shifting way, and her impact on young women is making ripples that will last for generations to come. (Kat Harris, Photographer and founder of The Refined Woman)Lauren is an amazing woman who has overcome much through her faith in Jesus Christ. She is a dear friend of mine, and I admire how she views fears and the way she sees beauty. So much to learn from! (Bethany Hamilton, Pro surfer and author of Soul Surfer)I love it! This is a must-read for any young woman who desires confidence and authenticity. I was captivated by the real-life stories and was drawn into a clearer picture of what God truly cares about in each one of usÃ¢â ¬â ¢our heart! Your Beautiful Heart delivers an intimate look at GodÃ¢â ¬â„¢s view of true beauty. Readers will definitely grow closer to God through these pages. (Susie Shellenberger, Fulltime speaker and author; SusieShellenberger.com)Lauren is an example of how GodÃ¢â ¬â„¢s beauty shines best from brokenness. Her courage to share her story, paired with LisaÃ¢â ¬â„¢s gift of writing, makes this an excellent resource for young women. It is also a great tool for youth leaders who want their students to experience what real beauty is. (Laurie Polich Short, Speaker and author of Finding Faith in the Dark)Get a copy of Your Beautiful Heart and prepare to be changed! You are about to become breathtakingly beautifulÃ¢â ¬â ¢the never-fading, always-glowing beauty thatÃ¢â ¬â„¢s rooted in the truth of GodÃ¢â ¬â„¢s love. LaurenÃ¢â ¬â„¢s fresh approach will prove that outer appearance does not define true beauty. It is all about your heart, the person you are on the inside. So get reading! As LaurenÃ¢â ¬â„¢s words and the Holy Spirit work together, your heart will become more beautiful, more loving, more forgiving, more free, more others-focused, more . . . well, just dive in. YouÃ¢â ¬â„¢ll see what I mean. (Andrea Stephens, Author and founder of The B.A.B.E. Event: Beautiful, Accepted, Blessed, Eternally Significant)

Scruggs and Velthouse have teamed up to offer young women a wonderfully crafted book, a devotional of sorts, that will better help them see themselves as their Creator does. Filled with anecdotes, scriptural applications, and coming-of-age wisdom, Your Beautiful Heart is a must-read for the young woman in your life. Lauren’s story is inspiring and her faithfulness in sharing her life’s journey is and will continue to help so many people. Fantastic testimony of God’s love for us - his precious children.

This is a good book if you are a new Christian. However, growing up in church my entire life I felt it was a bit elementary. HOWEVER I am a Lauren Scruggs Kennedy fan! I think she is an amazing woman, and I loved her other book. I will continue to support her and continue to cheer her on!

Such a beautiful book that really does its purpose, to relate and give you a sense of world beauty. In this superficial world we live in a lot of people claim and advertise "be the real natural view" yet.... In reality people still judge, etc., this book gets down on a deeper inner level with intuitive questions that make you think. Love this book!

I bought this for my daughter and she has not put it down. I skimmed over the book before I gave it to her and I do look forward to reading it myself. It looks like it is perfect for my daughter as she seeks to be the young woman she is called to be!

Amazing book! Terrific read for girls heading too college or out on their own. Wish there was a video to go with it; would make a terrific 6-week Bible Study for young women!

Love the book. I purchased it for my 14 year old grand daughter that gets bullied sometimes because of her weight. I hope this isn’t her last book. Very talented.

Awesome book!! Helps you focus on what really matters and what God really sees...our hearts! :)

I Love reading true stories! Lauren is so REAL! Very happy with this book and such fast delivery! One happy and grateful girl!

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